



# Joslin Diabetes NEWS NOW

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Dedicated to Living Well with Diabetes

## Affiliate News



Expanding its reach in the fight against the global diabetes epidemic, Joslin Diabetes Center will open the Joslin Diabetes Center Affiliate at the Dubai Health Authority (DHA) on Sunday, April 26. Collaborating with

experts from the DHA and Harvard Medical Faculty Physicians at BIDMC, Joslin aims to improve the health of people with diabetes in the Emirate. Hamed Farooqi, MD, formerly Medical Director of the Joslin Affiliate in Safety Harbor, FL, is the Medical Director of the new Affiliate. Other clinicians include three U.S.-board certified endocrinologists, seven diabetes educators, a podiatrist, a physiotherapist, and a mental health counselor, among others. Judy Goodwin and Dr. Tony Kaldany will be in Dubai for the Grand Opening. Visit the Joslin Diabetes Center Affiliate at DHA website at: <http://www.joslindubai.com/>. Please contact Wendy Santis for more information: [wendy.santis@joslin.harvard.edu](mailto:wendy.santis@joslin.harvard.edu)

## Orientation Spring 2009

On March 29-31, 2 physicians, 2 nurse practitioners, 5 nurses and 3 dietitians representing 6 affiliates were oriented to "The Joslin Way" in Boston. Welcome to the team!

## Diabetes Alert Day

The Joslin affiliate at SUNY Syracuse, NY, observed Diabetes Alert Day by partnering with the local ADA and a local grocery store to offer a diabetes health fair. Three diabetes educators were available to answer questions and provide written material. The grocery store had samples of healthy snacks. For more information about the program, contact Jody Kearns MA, RD, CDE [kearnsj@upstate.edu](mailto:kearnsj@upstate.edu).

## Affiliate Resources

### Struggling to Keep New Research in Your Head?

"Key Diabetes Studies- A Quick Summary" is a new quick reference posted on the Joslin website.

([http://www.joslin.org/affiliates/Affiliates\\_Index\\_2589.asp](http://www.joslin.org/affiliates/Affiliates_Index_2589.asp))

This is a summary of the major, most relevant studies impacting our diabetes patients. It is designed for professional, not patient use. If you have questions about this document, contact Carole' Mensing [carole.mensing@joslin.harvard.edu](mailto:carole.mensing@joslin.harvard.edu).

### Getting Started: A Quick Guide to Real-time CGM

Samples of this new patient booklet were mailed to education coordinators. Additional copies may be ordered with your semi annual materials order in June and December, thru Megan Magoon. As always, we appreciate any feedback on this new item. Comments may be sent to Amy Campbell [Amy.campbell@joslin.harvard.edu](mailto:Amy.campbell@joslin.harvard.edu)

## Manual Updates

The Boston team has been busy updating materials. *Diabetes Today*, *Heart Healthy Living* and the *Orientation Manual* will be shipped to your centers in the next few weeks. When they arrive please discard your old versions. If you have any questions please contact [megan.magoon@joslin.harvard.edu](mailto:megan.magoon@joslin.harvard.edu).

## Getting to the Heart of It

Affiliates received a box of materials that was designed to help providers talk to patients about their risk for heart disease. The booklets in this packet can be used with the Heart Healthy Living classes in place of the booklets that come with that manual. You might find the tear off sheets useful for patients who are not getting to goal. Another option is to use them as a communication tool between you, patients and PCPs. These kits are being distributed to PCPs as part of a grant. Additional copies of the components of the kit will be available with prices to be announced.

## Reorder Opportunity - Deadline May 8th

We have a limited supply of *Joslin's Clinical Guidelines for Diabetes - Pocket Edition* available for affiliates. Many of you distributed these booklets at CME events and on medical office visits. If you need an additional supply, email [megan.magoon@joslin.harvard.edu](mailto:megan.magoon@joslin.harvard.edu) with the quantity requested. We will equitably distribute the remaining copies but we need to get your orders by May 8<sup>th</sup>.

## Quick Reference Cards

Many sites have used these cards for staff education. The 2009 version includes the new Joslin blood glucose targets. Contact [megan.magoon@joslin.harvard.edu](mailto:megan.magoon@joslin.harvard.edu) if you need more cards for your professional programs.

## Save the Date



### Upcoming Conference Call

**May 18, 9 PM, Inpatient Medical Management** facilitated by Steve Quevedo, MD and Tom Donner, MD (articles posted on Joslin website)

[http://www.joslin.org/affiliates/Affiliates\\_Index\\_ConferenceCallMinutes.asp](http://www.joslin.org/affiliates/Affiliates_Index_ConferenceCallMinutes.asp)

## Events and Training

- May 4-5, Center Administrator Orientation**
- May 14-15, Education Coordinator Summit**

Complete your Best Practice one page summary and submit to Elaine Sullivan ASAP so it can be included in the booklet. Contact [elaine.sullivan@joslin.harvard.edu](mailto:elaine.sullivan@joslin.harvard.edu) if you have questions about the summit.

- June 7, Affiliate ADA Dinner Meeting in New Orleans** (details will be sent by email)
- Sept 14, Physician and Nurse Practitioner Orientation; Sept 14-15 Educator Orientation**
- Oct 26-27, Annual Meeting**